

## Spring Training Classes 2012

The week of **February 6th** we will be starting several **SPRING TRAINING CLASSES**. These classes are designed to condition, review and progress the movements used in baseball before the season begins. Class times and dates can be found on the Spring Training Class Schedule.

Our **Youth Spring Training Classes** ages 8-14 consist of eight 90-minute practices. These classes meet two days a week. A youth class runs four weeks. The classes are broken up by age. Please see our program schedule for various classes. In each class players will receive 12 hours of indoor practice and instruction for the cost of \$175.

**Additional classes** are also available for **pitchers or catchers**. These classes meet for one hour, once a week, over the same four week period. The cost is \$80.

On Wednesday, **February 8th**, our **HIGH SCHOOL SPRING TRAINING CLASS** will begin for **6 weeks**. It will include 18 hours of spring training in 12 90-minute practices. It will end at the start of HS.Baseball. 95% of all players that attend this program make their high school team. The cost of this program is \$225. We also offer a class for high school pitchers and catchers and an extra hitting class. These classes run once a week before the main class for the same six week period for an additional cost of \$80 per class. These additional classes are restricted to our HS spring training class players only.

Our **seven-year-old class**, (class G) runs only **once a week** over four weeks. These classes are one and one half hours long the cost of this program is \$90.

Our **Rug Rat Program** (class R) ages 5-6 runs for 1 hour, **one time a week** over four weeks. The cost of this program is \$50 dollars for 4 meetings.

### Girls Softball

Also running for its fourth year, once a week for 90 minutes, is class SB designed for girl's softball ages 10-14. This program is \$90.

## Spring Training Class Schedule 2012

### Tips for choosing the right class:

If a player is almost the age of an older class and you believe the player will get more out of the older class, we will trust your judgment. Please remember if you register for a youth class in program #2, you are **not** automatically registered for program #3. This requires a separate deposit. For more information, please call the camp office (781) 293-2700 or email us at [tedwilliamsleague@yahoo.com](mailto:tedwilliamsleague@yahoo.com).

**Please note:** All registrations will be dealt with on a first-come first-served basis. If you're trying to register at the last minute and do not have time to mail in your registration form, please call our office and leave your name, program and class in which you would like to register. If the class has sold out before your call, we will call you back. If not, we will place you in the class and you can complete your registration when you arrive at the building.

### Schedule for Youth Classes in Baseball & Softball

(\*\* Class meets only once a week.)

**Program # 2 includes all classes from Monday, February 6th to Saturday, March 3<sup>rd</sup>.**

Class B	(JR. High & 12)	Mon. 7:30 to 9:00 pm and Thurs. 7:30 to 9:00 pm
Class C	(Ages 10 & 11)	Mon. 6:00 to 7:30 pm and Thurs. 6:00 to 7:30 pm
Class D	(Ages 10 & 11)	Tues. 6:00 to 7:30 pm and Fri. 6:00 to 7:30 pm
Class E	(Ages 8 & 9)	Mon. 4:30 to 6:00 pm and Thurs. 4:30 to 6:00 pm
Class F	(Ages 8 & 9)	Tues. 4:30 to 6:00 pm and Fri. 4:30 to 6:00 pm
Class G**	(Ages 7)	Saturdays only 12:00 pm to 1:30 pm
Class R**	(Ages 5-6)	Saturday 11:00 am to 12:00 pm

Class SB      Girls Softball      Saturday 2:00 pm to 3:30 pm  
(Ages 10-14)

**Pitcher or Catcher classes one meeting a week.**

Class H\*\*      Pitchers ages 8-14      Wednesdays 4:30 pm to 5:30 pm  
Class J\*\*      Catchers ages 8-14      Wednesdays 5:30 pm to 6:30 pm

**Program # 3 includes all classes from Monday, March 5th to Saturday, March 31st.**

Class B      (JR. High & 12)      Mon. 7:30 to 9:00 pm and Thurs. 7:30 to 9:00 pm

Class C      (Ages 10 & 11)      Mon. 6:00 to 7:30 pm and Thurs. 6:00 to 7:30 pm  
Class D      (Ages 10 & 11)      Tues. 6:00 to 7:30 pm and Fri. 6:00 to 7:30 pm

Class E      (Ages 8 & 9)      Mon. 4:30 to 6:00 pm and Thurs. 4:30 to 6:00 pm  
Class F      (Ages 8 & 9)      Tues. 4:30 to 6:00 pm and Fri. 4:30 to 6:00 pm

Class G\*\*      (Ages 7)      Saturdays only 12:00 pm to 1:30 pm  
Class R\*\*      (Ages 5-6)      Saturday 11:00 am to 12:00 pm

Class SBY      Girls Softball      Saturday 2:00 pm to 3:30 pm  
(Ages 11-14)

**Pitcher or Catcher classes one meeting a week.**

Class H\*\*      Pitchers ages 8-14      Wednesdays 4:30 pm to 5:30 pm  
Class J\*\*      Catchers ages 8-14      Wednesdays 5:30 pm to 6:30 pm

## **High School Baseball Classes**

**\*\* Class meets only once a week.**

**Program # 4 is our boy's high school baseball classes starting Wednesday, February 8th for six weeks, 12 practices ending Sunday, March 18th.**

Class A      High School      Weds. 7:30 pm to 9:00 pm & Sun. 7:30 to 9:00 pm  
Class PC\*\*      HS Pitchers & Catchers      Weds. 6:30 pm to 7:30 pm  
Class HC\*\*      HS Hit Club      Sundays. 6:30 pm to 7:30 pm extra hitting and coaching

For general information and a registration form that can be used for all Steve Ferrolli Instructional Baseball programs and the Ted Williams League, or if you have any questions, please visit [www.steveferrollibaseballcamp.com](http://www.steveferrollibaseballcamp.com), e-mail us at [tedwilliamsleague@yahoo.com](mailto:tedwilliamsleague@yahoo.com) or call 781-293-2700.